

LUNCH MENU

ALLERGEN GUIDE

HOW TO USE THIS GUIDE

THIS IS A SIMPLE-TO-USE GUIDE TO HIGHLIGHT THE KEY LISTED ALLERGENS. SIMPLY FIND YOUR PREFERRED DISH AND LOOK AT THE HIGHLIGHTED ALLERGENS. ANY BOXES WITH A CHECKMARK IN THEM MEAN THAT THAT DISH HAS THAT LISTED INGREDIENT.

WE CAN OF COURSE MAKE SOME ITEMS FREE FROM GLUTEN, FREE FROM MEATS AND FREE FROM ANIMAL PRODUCTS PLEASE LOOK AT OUR STANDARD MENU FOR FURTHER INFORMATION ON THIS. MENU ITEMS WILL BE MARKED WITH OUR OWN MENU KEY (AS SHOWN ON THE MENUS), PLEASE ASK YOUR SERVER FOR ANY FURTHER INFOMATION

EXAMPLE MENU...												
	GLUTEN	EGGS	MILK	CELERY	FISH	CRUSTACEANS	MOLLUSCS	LUPIN	MUSTARD	NUTS (TREE NUTS)	OTHER NUTS	SULPHIUR DIOXIDE
EXAMPLE MENU ITEM...	✔		✔						✔			

ALLERGEN INFORMATION

		GLUTEN	EGGS	MILK	CELERY	FISH	CRUSTACEANS	MOLLUSCS	LUPIN	MUSTARD	NUTS (TREE NUTS)	OTHER NUTS	SEASAME	SOYA	SULPHUR DIOXIDE
STARTERS	SOUP OF THE DAY - PLEASE ASK YOUR SERVER														
	CHICKEN BITES WITH SWEET CHILLI GLAZE	✓	✓	✓											✓
	CHICKEN BITES WITH JACK DANIELS GLAZE	✓	✓	✓		✓								✓	✓
	CULLEN SKINK	✓		✓	✓	✓								✓	
	HALLOUMI FRIES	✓	✓	✓									✓		✓
	PRAWN COCKTAIL	✓	✓			✓	✓			✓					✓
	HAGGIS BON BONS	✓		✓	✓									✓	✓
	MELON COCKTAIL														
	KING PRAWNS	✓		✓	✓		✓							✓	✓
SNACKS	SANDWICH, TOASTIE OR CIABATTA	✓	✓							✓					✓
	WITH CHICKEN MAYO	✓	✓							✓					✓
	WITH BBQ CHICKEN	✓	✓							✓					✓
	WITH CLUB	✓	✓	✓						✓					✓
	WITH HAM	✓	✓							✓					✓
	WITH SWEET CHILLI CHICKEN	✓	✓							✓					✓
	WITH CHEESE	✓	✓	✓						✓					✓
	WITH CHEESE & HAM	✓	✓	✓						✓					✓
	WITH EGG MAYO	✓	✓							✓					✓
	WITH TUNA MAYO	✓	✓			✓				✓					✓
	WITH PRAWN MARIE ROSE	✓	✓				✓			✓					✓

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[illegible]

DESSERTS

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