

LUNCH MENU ALLERGEN GUIDE

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HOW TO USE THIS GUIDE

THIS IS A SIMPLE-TO-USE GUIDE TO HIGHLIGHT THE KEY LISTED ALLERGENS. SIMPLY FIND YOUR PREFERRED DISH AND LOOK AT THE HIGHLIGHTED ALLERGENS. ANY BOXES WITH A CHECKMARK IN THEM MEAN THAT THAT DISH HAS THAT LISTED INGREDIENT.

WE CAN OF COURSE MAKE SOME ITEMS FREE FROM GLUTEN, FREE FROM MEATS AND FREE FROM ANIMAL PRODUCTS PLEASE LOOK AT OUR STANDARD MENU FOR FURTHER INFORMATION ON THIS. MENU ITEMS WILL BE MARKED WITH OUR OWN MENU KEY (AS SHOWN ON THE MENUS), PLEASE ASK YOUR SERVER FOR ANY FURTHER INFOMATION

EXAMPLE MENU	GLUTEN	EGGS	MILK	CELERY	FISH	CRUSTACEANS	MOLLUSCS	LUPIN	MUSTARD	UTS (TREE NUTS)	OTHER NUTS	SEASAME	SOYA	ILPHIUR DIOXIDE
EXAMPLE MENU ITEM	0		0						②					



	INFORMATION						รบร	Z			(TRE	TOT			UR
	LUNCH MENU	GLUTEN	EGGS	MILK	CELERY	FISH	USTACEANS	OLLUSCS	LUPIN	MUSTARD	EE NUTS)	OTHER NUTS	SEASAME	SOYA	DIOXIDE
	SOUP OF THE DAY - PLEASE ASK YOUR SERVER														
	CHICKEN BITES WITH SWEET CHILLI GLAZE		0	()											0
	CHICKEN BITES WITH JACK DANIELS GLAZE	O	0	0		②								0	0
STARTERS	CULLEN SKINK	O		0	0	②								0	
RT	HALLOUMI FRIES		0	()									0		0
STA	PRAWN COCKTAIL	0	0			②	0			0					0
	HAGGIS BON BONS	0		0	0									0	0
	MELON COCKTAIL														
	KING PRAWNS			0	0		0							0	0
	SANDWICH, TOASTIE OR CIABATTA		0							(0
	WITH CHICKEN MAYO		0							0					0
	WITH BBQ CHICKEN		0							O					0
	WITH CLUB		0	()						(0
S	WITH HAM		0							0					0
SNACKS	WITH SWEET CHILLI CHICKEN		0							0					0
S	WITH CHEESE		0	()						0					0
	WITH CHEESE & HAM		0	()						(0
	WITH EGG MAYO	0	0							0					0
	WITH TUNA MAYO	0	0			②				0					0
	WITH PRAWN MARIE ROSE	0	0				0			0					0

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	LUNCH MENU	CLUTEN	EGGS	MILK	CELERY	FISH	TACEANS	OLLUSCS	LUPIN	MUSTARD	EE NUTS)	ER NUTS	E D	SOYA	DIOXIDE
SS _	SANDWICH, TOASTIE OR CIABATTA CONTINUED	0	0							0				•	3
SNACKS	WITH CHEESE & BEANS	0	0	0						0					9
S	WITH BRIE, BACON & CRANBERRY	0	0	0						0				•	3
	SPECIALITY SALAD BOWLS		0	0						0					⊘
တ	WITH ROAST CHICKEN		0	0						0					3
SALAD BOWLS	WITH CHICKEN & HAM		0	0						0					9
BG	WITH HAM		0	0						0					3
A L	WITH CHICKEN MAYO		0	0						0					9
SAI	WITH BBQ CHICKEN		S	0						0					9
<u></u>	WITH SWEET CHILLI CHICKEN		0	0						0					9
SPECIALITY	WITH CHEESE & FRUIT		0	0						0					3
Э Г	WITH EGG MAYO		O	0						0					3
S	WITH TUNA MAYO		0	0		②				0					9
	WITH PRAWN & MELON		0	0			0			0					9
S	CAJUN LOADED FRIES			②	0									9	
FRIES	STORNOWAY LOADED FRIES	0		0	0									2	
Щ.	CHEESY LOADED FRIES	0		0	0					0				2	
SS	SPECIAL BURGER WITH BEEF OR CHICKEN	0		0										(3
BURGERS	CLASSIC BURGER WITH BEEF OR CHICKEN	0		②										(9
J. J.	MEXICAN BURGER WITH BEEF OR CHICKEN	0		0										(⊘

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BURGERS	LUNCH MENU	GLUTEN	EGGS	MILK	CELERY	FISH	TACEANS	SOSULIC	LUPIN	MUSTARD	E NUTS)	ER NUTS	EASAME	SOYA	DIOXIDE
AZ	HOTTIE BURGER WITH BEEF OR CHICKEN	0	0	0									0		9
<u>a</u>	VEGGIE BURGER	0													Ø
	HADDOCK BREADED	0	0	0		()				0					
	HADDOCK BATTERED	0	0			8									
	CHICKEN FILLETS BREADED	0	0	0						0					9
	CHICKEN FILLETS BATTERED	O	0							②					9
	BEEF STEAK PIE	O	0		②										
MAINS	MACARONI	O		0	0					②			(O	
Σ	CHICKEN & BACON LASAGNE	0	0	0	0					②			(O	
	ALL DAY BREAKFAST	0	0												
_	CHICKEN MELT WITH JACK DANIELS		0	0	O					0			(0	O
	CHICKEN MELT WITH BBQ		0	0	0					②			(0	9
	PASTA VERDE WITH CHICKEN	O			②								0	O	
	PASTA VERDE WITH VEGETABLES	0			②								0	0	
,,	STICKY TOFFEE PUDDING WITH CREAM OR ICE CREAM	O	0	0											
DESSERTS	CHEESECAKE WITH CREAM OR ICE CREAM	②		0											
SSE	PANNA COTTA	O	0	②											
	BANANA SPLIT	0		②											
	MELON COCKTAIL														
	LEMON TART WITH CREAM OR ICE CREAM	0	0	②											

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D A	AVRON/ROSEHEARTY ALLERUEN										z				SUI
ı	INFORMATION						CRUST	MOL		3	NUTS (TRE	OTHER	SE		SULPHIUR I
	LUNCH MENU	GLUTEN	EGGS	M I K	CELERY	FISH	ACEANS	DLLUSCS	LUPIN	MUSTARD	E NUTS)	ER NUTS	ASAM	≺	DIOXIDE
	S'MORES BROWNIE WITH CREAM OR ICE CREAM	②	0	0											
DESSERTS	SUNDAE WITH STRAWBERRY	0		0											
SSE	SUNDAE WITH CHOCOLATE	0		0											
DE	SUNDAE WITH TOFFEE	O		②											
	SUNDAE WITH RASPBERRY	O		②											
	SUNDAE WITH MINT CHOCOLATE	0		0											
	SUNDAE WITH MARS BAR	O	0	O										3	