

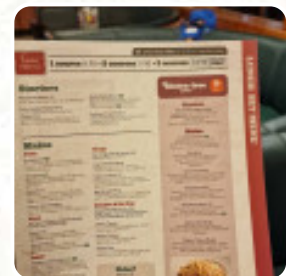
Frankie Benny's Menu

<https://menuweb.menu>

Hoel-yr-Odyn, Rhondda Cynon Taf, United Kingdom

+441443844753 -

<https://www.frankieandbennys.com/restaurants/wales/nantgarw/cardiff-nantgarw>



The menu of Frankie Benny's from Rhondda Cynon Taf comprises about **313** different courses and drinks. On average you pay about £7 for a dish / drink. Frankie & Benny's combines genuine Italian passion with the sass and confidence of New York City. Our team's love for food is reflected in our lovingly created menu of comforting Italian American favorites. We cater to all needs with a varied breakfast, main, and gluten-free menu, as well as vegetarian and vegan options and "Feel Good" choices for a lighter meal. Visit us for a much-loved restaurant experience perfect for overdue catchups or leisurely family gatherings.

Frankie Benny's Menu



Main Courses

LASAGNA

Snacks

MOZZARELLA STICKS

£5

Fish Dishes

FISH CHIPS

£11

Seafood

CALAMARI

£6

Meat Dishes

MEATBALLS

Breakfast

GRANOLA

£4

Salad

MIXED SALAD

Starters & Salads

POTATO CHIPS

Sauces

BBQ

Fingerfood

CRISPY CHICKEN NUGGETS

From The Grill

RIBS

Side Dish

BABY BAKED POTATOES

Spirits

JOHNNY WALKER RED WHISKY

Sushi Futo Maki

CLASSICS

£3

Dipping Sauces

MAPLE SYRUP

£5

Subs

GODFATHER

Cold Drinks

FRUIT SHOOT

Vegan Dishes

VEGAN BURGER

Kids Menu

SLIDER BURGER

Chicken Wings

WINGS

American

JACKET POTATO

£4

Pizza, Medium

AMERICAN HOT PIZZA

Frankie Benny's Menu



Pizza 20Cm

MEAT FEAST £11

Gin

THE BOTANIST £6

Beverages

SODA FLOAT £3

Egg Dishes

SCRAMBLED EGGS AND TOAST £5

Cakes And Pastries

CLASSIC VANILLA £6

Breakfasts

BACON AND EGGS £6

Jelly & Trifles

RASPBERRY TRIFLE £6

Spirits Bottles

GORDON'S PINK £5

Smoothies And Acai Bowls.

PASSIONATE PEACH

Starches

HERB POTATOES £3

House

PAMPERO RUM

Sides & Add-Ons

BIG-UP YOUR FRIES

Premium Wells

EVAN WILLIAMS BOURBON

Juices & Soft Drinks

STILL OR SPARKLING WATER

Fruit Juices

TROPICANA ORANGE

Hot Panini

TRIPLE CHEESE £13

Lighter Breakfast

WHOLESOME PORRIDGE £3

American Classics

FRANKIE'S CREAM SODA £3

Fruity Kids' Softails

FRUITY SUNRISE

Poorboy's Omelets

BACON CHEESE £11

Sparkling Drinks

PINK FIZZ

Glamburgers

MUSHROOM BURGER

Frankie Benny's Menu



Premium Omelettes

BUILD YOUR OWN OMELETTE £5

Birre / Beers

PERONI NASTRO AZZURRO 5.1

Drinks (Beers And Ciders)

BREWDOG PUNK IPA 5.6

Light Stuff

FRESH FRUIT SALAD £4

Mixed Soups

TOMATO SOUP

Gourmet Pizza And Calzones

THE HAWAIIAN

Personal Selections

WOODFORD RESERVE BOURBON

House Cocktails \$16

FRENCH MARTINI

Shaw's Signature Sangrias

MIXED BERRY £6

Un Coffee Chillers Cold Drinks

COOKIE CRUMBLE £4

Gratins / Cold Appetizers

BRUSCHETTA NAPOLI £4

Drinks

DRINKS

FRUIT JUICES

Chicken Dishes

BBQ CHICKEN

CHICKEN PARMIGIANA £12

House Specials

ROCKET LOLLY

BENNY ON THE BEACH

Cheesecakes

VANILLA WITH SALTED CARAMEL SAUCE £6

PEANUT BUTTER WITH CHOCOLATE SAUCE £6

Bread

GARLIC PIZZA BREAD £4

GARLIC BREAD

Fizz

PROSECCO MIDEA, ITALY

CHAMPAGNE PIPER-HEIDSEICK BRUT, FRANCE

Shake It Up

FRANKIE'S 75

ROCK STAR MARTINI

Frankie Benny's Menu



Boutique Beers

CORONA 4.5

BROOKLYN LAGER 5.2

Brunch Delights

EGGS ROYALE £8

SMASHED AVOCADO £5

Calzones - Loaded And Folded

MEATBALL FEAST £12

PEPPERONI SUPREME £12

12" Oven-Baked Pizza

AMERICAN HOT

BEEFEATER £5

Perfect For Parties

CHOCOLATE DREAMS

CHOCO-WAFFLE-COOKIE-BROWNIE

Alcoholic Drinks

PROSECCO £5

SMIRNOFF VODKA

TANQUERAY £5

Smoothies

MANGO PASSION FRUIT

YOGHURT, STRAWBERRY BANANA

YOGHURT, MIXED BERRIES, BANANA
CRANBERRY

Entrées

MARINATED OLIVES £3

BONELESS BUFFALO WINGS

GARLIC BREAD

Menu

HOP HOUSE 13, 5

DOOM BAR 4.3

BUDWEISER PROHIBITION 0.05

Chicken

SOUTHERN FRIED CHICKEN £6

STICKY CHICKEN WINGS £6

CRISPY CHICKEN £11

Fish

SALMON 'AL FORNO ' £13

SALMON FILLET £14

SMOKED SALMON £3

Soft Drinks

J20 SPRITZ

J20

OJ LEMONADE

American Food

CORN ON THE COB £3

EGGS BENEDICT £6

MAC AND CHEESE

Alkoholische Cocktails

COSMOPOLITAN

STRAWBERRY DAIQUIRI

Frankie Benny's Menu



LONG ISLAND ICED TEA

Milkshakes

COOKIE CRUMBLE WITH OREO	£4
MALT CHOCOLATE	£4
VANILLA CHOCOLATE STRAWBERRY BANANA	£3

Hot Drinks

TWININGS TEA	£2
LIQUEUR COFFEE	£5
HOT CHOCOLATE DELUXE	£3

Sundaes

BANANA SPLIT SUNDAE	£6
STRAWBERRY MESS	£6
CHOCOLATE FUDGE OBSESSION	£7

Mocktails

FRANKIE'S FRUIT PUNCH	£3
AMALFI SUNRISE	£3
GENTLE BREEZE	£3

Coffee

CAPPUCCINO	£3
ESPRESSO	£2
CAFFÉ LATTE	£3

Ciders

MAGNERS ORIGINAL 4.5	
JACK DANIEL'S TENNESSEE CIDER 5.5	
REKORDERLIG STRAWBERRY LIME 4.0	

Crowd Pleasers

BANOFFEE BASKET	£6
UPTOWN WAFFLE	£6
THE CAN'T-DECIDER	£7

Freakshakes

SALTED CARAMEL WAFFLE	£6
RASPBERRY DOUGHNUT	£6
MOVIE MAGIC	£6

Kids' Breakfast

KIDS FRUIT SKEWER AND CEREAL	
KIDS CLASSIC BREAKFAST	
MINI WAFFLE DIPPERS	

Good

WHITE, CHARDONNAY SICILIA, ITALY
ROSÉ, PINOT GRIGIO ROSÉ SICILIA, ITALY
RED, MERLOT SICILY, ITALY

Great

WHITE, PINOT GRIGIO QUINDI, ITALY
ROSÉ, WHITE ZINFANDEL ROSÉ ECHO FALLS USA
RED, SHIRAZ SHORT MILE BAY, AUSTRALIA

Breakfast Delights

CHOCOLATE AND BANANA	£6
BACON AND MAPLE SYRUP	£6
FRIED CHICKEN, BACON AND MAPLE SYRUP	£7

Frankie Benny's Menu



American Beers

- BUDWEISER 4.5
- GOOSE ISLAND IPA 5.9
- COORS LIGHT 4

Burger

- | | |
|---------------------|-----|
| CLASSIC CHEESE | £10 |
| DOUBLE BACON CHEESE | £14 |
| BACON CHEESE BURGER | £11 |
| BBQ CHEESE BURGER | |

Grills

- | | |
|----------------------|-----|
| NEW YORK BBQ CHICKEN | £14 |
| SMOKY BBQ RIBS | |
| ULTIMATE MIXED GRILL | £20 |
| BBQ CHICKEN RIBS | £16 |

Mains

- | | |
|--------------------------------|-----|
| ULTIMATE BACON MAC 'N ' CHEESE | |
| MEATBALL DELUXE PIZZA | |
| KIDS PANCAKES | |
| CHICKEN, BACON AVOCADO SALAD | £12 |
| STICKY BBQ PORK RIBS | |

Sandwiches

- | | |
|--------------------|-----|
| CHICKEN BURGER | |
| BBQ PULLED PORK | |
| PHILLY STEAK | |
| CAJUN CHICKEN WRAP | £10 |
| TOAST BUTTER | £2 |

Cocktails

- | | |
|-------------|----|
| BLOODY MARY | £5 |
|-------------|----|

- WOO WOO
- MOJITO
- PINA COLADA
- SALTED CARAMEL MARTINI

Premium

- WHITE, MARLBOROUGH SAUVIGNON
BLANC WAIPARA HILLS, NEW ZEALAND
- RED, GEYSER PEAK CABERNET
SAUVIGNON USA
- KETTLE ONE VODKA
- HAVANA 3 YEAR OLD RUM
- MONKEY SHOULDER WHISKY

Restaurant Category

- BAR
- ITALIAN
- DESSERT
- GLUTEN FREE
- VEGAN

Uncategorized

- | | |
|-----------------------------|-----|
| STICKY WINGS FEAST | £11 |
| FLATBREAD SELECTION | £9 |
| CHICKEN VARIETY | £15 |
| ADD TOPPINGS | |
| STRAWBERRY, APPLE RASPBERRY | |

Pizza

- PIZZA MARGHERITA
- MEATBALL DELUXE
- GOAT'S CHEESE
- SPICY CHICKEN AMERICANO

Frankie Benny's Menu



THE AMERICAN DEEP-PAN DELUXE £13
MARGHERITA PIZZA

Classics

TRADITIONAL FRY UP £6
VEGGIE FRY UP £6
BREAKFAST BAP £4
WAFFLE BURGER £9
BREAKFAST STACKER £7
STEAK 'N ' EGGS £12

Small Bites

MINI GRILLED CHICKEN SKEWERS (4
PIECES)
CHEESY TOMATO PIZZA DUO
BACON MAC 'N' CHEESE
MINI SLIDER BURGER TRIO
MINI MEATBALL BURGER TRIO
MINI HOT DOG TRIO

Wraps

CLASSIC BEEF £9
THE ALL AMERICAN £14
CLASSIC CHICKEN £10
GOAT'S CHEESE AVOCADO WRAP £10
BBQ STEAK WRAP £13
GRILLED CHICKEN PITTA £11
BBQ CHEESE CHICKEN WRAP £10

Salads

CAPRESE £4
WARM GOAT'S CHEESE £10
CHICKEN, BACON AVOCADO £12

SEARED STEAKHOUSE £12
SIDE SALAD £3
CAPRESE SALAD £4
TOMATO £8
CAESAR SALAD

Little Eaters

CRISPY BATTERED COD^ GOUJONS
MINI GRILLED CHICKEN SKEWERS (3
PIECES)
CHEESY TOMATO PIZZA
PICCOLO SPAGHETTI MEATBALLS
SMALL SPAGHETTI BOLOGNESE
MINI SLIDER BURGER DUO
MINI MEATBALL BURGER DUO
MINI HOT DOG DUO

Starters

DOUBLE DIPPED DOUGH BALLS £4
CHEESY GARLIC MUSHROOMS £5
MEATBALLS ITALIANO £5
FULLY LOADED POTATO SKINS £5
CHEESE BACON SKINS
CLASSIC GARLIC CHEESE BREAD
WARM GOAT'S CHEESE SALAD £10
MINI GARLIC BREAD
3 DOUGH BALLS
VEGGIE SKEWERS

Side Dishes

TWO FRIED EGGS £2
POTATO SKINS
SPICY CHEESE BACON FRIES £4

Frankie Benny's Menu



SWEET POTATO FRIES	£4
FRIES	£3
ONION RINGS	£3
GREEN VEGETABLES	£3
BAKED BEANS	£1
TOASTED MUFFIN	£2
THREE HASH BROWNS	£2
BABY POTATOES	

MEAT	
CHICKEN	
DESSERTS	
SIRLOIN STEAK	£16
STEAK FRIES	£13
ICE CREAM	
PANCAKES	£4
BREAD	

Ingredients Used

SALMON
PESTO
CUCUMBER
CHEESE
CHOCOLATE
CRANBERRY
PINEAPPLE
PASSION FRUIT
PEAS
MILK
GARLIC
MOZZARELLA
TORTELLINI

These Types Of Dishes Are Being Served

PIZZA
SALAD
BURGER
PASTA
FISH
TUNA STEAK

Pasta



MACARONI CHEESE	
CHICKEN MUSHROOM PENNE	£10
CLASSIC BEEF LASAGNE	£9
CHICKEN PRAWN ALFREDO	£13
PENNE ARRABIATA	£8
SPAGHETTI PICCOLO	£6
SPAGHETTI POMODORO	£8
SPAGHETTI MEATBALLS	£11
KING PRAWN RISOTTO	£13
SPAGHETTI BOLOGNESE	£10
FRANKIE'S MEATBALLS 'AL FORNO'	£13
CHICKEN PENNE ROMANA BAKE	£11
ULTIMATE MAC 'N' CHEESE	£9
MEAT FEAST PASTA	£12
SPAGHETTI CARBONARA	£10
CARBONARA	£10
PASTA BOLOGNESE	£10

Dessert

CREPES
BROWNIE
CHEESECAKE

Frankie Benny's Menu



CHOCOLATE BROWNIE		CHOCOLATE FUDGE CAKE	£5
APPLE CRUMBLE		WARM APPLE PIE	£6
SORBET		MOVIE MAGIC BROWNIES	
BROWNIES ICE CREAM		CHOCOLATE FUDGE SUNDAE	
CINNAMON WAFFLE CRUNCH		FRESH FRUIT VANILLA ICE CREAM	
COFFEE AND CAKE		FRUIT SKEWERS WITH CHOCO DIP	
MIXED FRUIT DIPS	£5	MINI CHEESECAKE	
LEMON SORBET SUNDAE	£6	SMOOTHIE LOLLY	
FRUIT SALAD	£3	MINI STRAWBERRY FREAKSHAKE	
STICKY TOFFEE PUDDING	£6	ICE CREAM SLIDERS	
		SORBET (2 SCOOPS)	

Frankie Benny's

Hoel-yr-Odyn, Rhondda Cynon
Taf, United Kingdom

Opening Hours:

Tuesday 10:00-19:00
Wednesday 10:00-22:00
Thursday 10:00-22:00
Friday 09:00-22:00
Saturday 09:00-22:00
Sunday 09:00-21:00

Made with [Menu](#)

