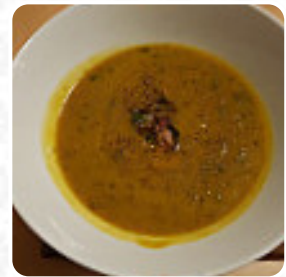




## Cast Cafe Menu

<https://menuweb.menu>

3 Penrose Rd, Helston, England, TR13 8TP, United Kingdom  
+441326569267 - <http://castcafe.uk>



A complete [menu](#) of Cast Cafe from [Helston](#) covering all 31 dishes and drinks can be found here on the food list.

# Cast Cafe Menu



## Salads

HALLOUMI SALAD

## 10 Most Popular

TABBOULEH

## Snacks

FRIED MUSHROOMS

## Seafood

PRAWN

## Breakfast

PORRIDGE

## Drinks

DRINKS

## Soft Drinks

COLA

## Italian Specialties

ARANCINI

## Hot Drink

HOT CHOCOLATE

## Dessert

COOKIES

CREPES

## Hot Drinks

TEA

COFFEE

## Restaurant Category

VEGETARIAN

MEDITERRANEAN

VEGAN

## These Types Of Dishes Are Being Served

BREAD

TOSTADAS

DESSERTS

SALAD

SOUP

## Ingredients Used



HAM

EGG

CHORIZO

TOMATOES

CHEESE

CHOCOLATE CHIP

GINGER

MISO

MUSHROOMS

CHOCOLATE

# Cast Cafe Menu

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## Cast Cafe

3 Penrose Rd, Helston, England,  
TR13 8TP, United Kingdom

**Opening Hours:**

Tuesday 09:30-16:30

Wednesday 09:30-16:30

Thursday 09:30-16:30

Friday 09:30-16:30

Saturday 09:30-16:30

Made with [menuweb.menu](https://menuweb.menu)

