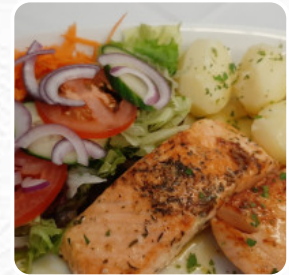
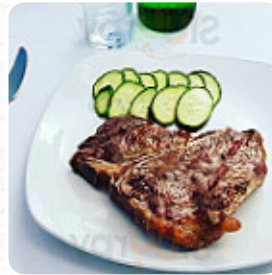




## ***Selmos Menu***

<https://menuweb.menu>  
8 Church St, Newham, United Kingdom  
**+442085198094**



A **comprehensive [menu](#) of Selmos** from Newham covering all **18** dishes and drinks can be found here on the menu. Nestled in a cozy setting, this family-run restaurant offers an impressive array of authentic Portuguese dishes that leave guests raving. From fresh [seafood](#) to hearty grilled meats, the generous portion sizes and flavorful preparations have garnered high praise. Diners appreciate the warm, attentive service that fosters a welcoming atmosphere, perfect for family outings or casual gatherings. Recent visits have highlighted standouts like grilled cod, mussels, and decadent desserts, all at reasonable prices. Despite some minor criticisms regarding [vegetarian](#) options, the overall consensus is clear: this delightful eatery is a must-visit for those seeking quality Portuguese cuisine.

# Selmos Menu



## Starters & Salads

FRENCH FRIES

## From The Grill

MIXED GRILL

## Hot Drinks

COFFEE

## Restaurant Category

VEGETARIAN

## Ingredients Used

CARAMEL

PORK MEAT

BEEF

CHICKEN BREAST

SAUSAGE

CHOCOLATE

## These Types Of Dishes Are Being Served



MUSSELS

LAMB

LAMB CHOPS

PORK CHOPS

CHICKEN

SALAD

MEAT

FISH

# Selmos

8 Church St, Newham, United Kingdom

Opening Hours:

Made with [menuweb.menu](https://menuweb.menu)

