

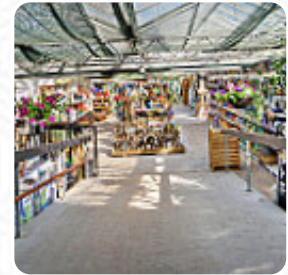


Roots Shoots Garden Centre Menu

<https://menuweb.menu>

Stowmarket Road, Mid Suffolk, United Kingdom

+441449721600 - <http://www.rootsandshootsgc.co.uk>



A complete [menu](#) of Roots Shoots Garden Centre from Mid Suffolk covering all 17 meals and drinks can be found here on the menu. Nestled within a charming garden center, this delightful cafe offers a peaceful retreat with both indoor and outdoor seating. Diners appreciate the extensive menu featuring [vegetarian](#) and gluten-free options, alongside tempting cakes like coconut and lime sponge and gluten-free carrot cake. While many enjoy the cafe's clean environment and friendly service, there are occasional letdowns regarding food temperature and portion sizes. Nevertheless, the overall experience of sipping coffee amidst lush greenery and browsing plants makes it a recommended stop. With its inviting ambiance and good value, this cafe is a lovely spot for a leisurely meal or a quick bite.

Roots Shoots Garden Centre Menu



Main Courses

LASAGNA

Drinks

DRINKS

Starters & Salads

POTATO CHIPS

Sauces

GRAVY

Vegetarian Dishes

CARROT CAKE

Fresh Juices

CARROT JUICE

Restaurant Category

VEGETARIAN

Toast

TOAST

EGGS ON TOAST

Hot Drinks

COFFEE

TEA

Ingredients Used

SAUSAGE

COCONUT

BUTTER

These Types Of Dishes Are Being Served

SANDWICH

TOSTADAS

PANINI

Roots Shoots Garden Centre

Stowmarket Road, Mid Suffolk,
United Kingdom

Opening Hours:

Monday 09:00 -16:00
Tuesday 09:00 -16:00
Wednesday 09:00 -16:00
Thursday 09:00 -16:00
Friday 09:00 -16:00
Saturday 09:00 -16:00
Sunday 10:00 -15:30

Made with [menuweb.menu](https://www.menuweb.menu)

