



## Fred And Doug's Menu

https://menuweb.menu 148 High Street, Epping Forest, United Kingdom +447547521825,+441992574242









A **comprehensive** menu of Fred And Doug's from Epping Forest featuring all **35** dishes and drinks can be found here on the list. Fred Dougs in Epping, England offers a variety of vegan-friendly options, with a particular focus on providing quality dairy alternatives for coffee. Customers have praised the attention to detail in ensuring that their coffee is made just the way they like it, without compromising on taste.

## Fred And Doug's Menu



**Extras** 

**BOILED EGG** 

**Breakfast** 

**GRANOLA** 

**Sauces** 

**MAYO** 

**Fish** 

**SMOKED SALMON** 

Juices Small (0,3L)

FRESH ORANGE JUICE

**Beverages** 

**JUICES** 

**Bread** 

**BAGUETTE** 

**Hot Drink** 

**HOT CHOCOLATE** 

Non Alcoholic Drinks

**SAN PELLEGRINO** 

**WATER** 

**Soft Drinks** 

**ORANGE JUICE** 

**JUICE** 

**Hot Drinks** 

**TEA** 

COFFEE

Coffee

**DECAF** 

**MOCHA** 

**Restaurant Category** 

**VEGETARIAN** 

**VEGAN** 

These Types Of Dishes Are Being Served

**CHICKEN** 

**SALAD** 

**BREAD** 

**MEAT** 

**TOSTADAS** 

**PANINI** 

**Ingredients Used** 

**AVOCADO** 

**TOMATO** 

**EGG** 

**SALMON** 

**CARAMEL** 

**BANANA** 

**PESTO** 

**MOZZARELLA** 

**BACON** 

**CHOCOLATE** 

## Fred And Doug's Menu



**MILK** 

## Fred And Doug's

148 High Street, Epping Forest, United Kingdom

Opening Hours: Sunday 08:00-15:30 Monday 08:00-16:00 Tuesday 08:00-16:00 Wednesday 08:00-16:00 Thursday 08:00-16:00 Friday 08:00-16:00 Saturday 08:00-16:00

Made with Menu

