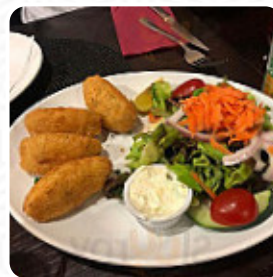
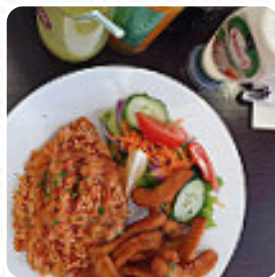




## O Monte Menu

<https://menuweb.menu>

68 London Road, Southend on sea, SS11PG, Southend-on-Sea, United Kingdom  
+79859158098,+441702831616 - <https://doubtor.pw/monte-cafe-restaurant-r77dzxe>



The **menu of O Monte** from Southend-on-Sea includes 320 courses. On average the **courses or drinks on [the menu](#)** cost approximately £5. You can view the categories on the menu below. This local Portuguese restaurant is a hidden gem that offers fantastic ambiance, welcoming service, and delicious, authentic food. Visitors rave about the friendly staff, reasonable prices, and generous portion sizes. The dishes are full of flavor and every visit feels like a trip to Portugal. With homemade desserts and a small deli selling Portuguese dry goods, this restaurant has quickly become a favorite for many. Whether you're a fan of Portuguese cuisine or trying it for the first time, this place comes highly recommended for a special meal out. Don't miss out on the fantastic experience of dining at this small but amazing café!.

# O Monte Menu



## Entrées

FRIED SWEET POTATOES £6

## Extras

FAROFA PRONTA £4

## Fish Dishes

BACALHAU A MONTE £21

## Breakfast

BIG BREAKFAST £12

## Meat

BITOQUE £16

## Ciabatta

CIABATTA £1

## Steaks

SURF AND TURF £22

## Al Forno\*

BEEF LASAGNE £12

## Vom Grill – Ab 18 Uhr

PICANHA £18

## Eistee

PEACH

## Milkshakes

MILKSHAKE

## Kids' Menu

TRIPLE STACK PANCAKES £9

## Sweets - Dessert

PASTEL DE NATA £1

## Sandwiches & Toasts

BACON SANDWICH £4

## Dips & Toppings

PIRI PIRI

## Combos

REGIONAL £21

## Bebidas

GUARANA 1,5L £3

## Vinos

BRISA £3

## Tostadas

CHICKEN AND CHORIZO £17

## Bread

BAGUETTE

## Egg Dishes

OMELETTE

## Penne Pastas

TOMATO PENNE PASTA £7

# O Monte Menu



## Vegetable Dishes

MIX VEGETABLES £5

## Chicken Delights

1/2 ROAST CHICKEN £12

## Children's Menu

CHICKEN NUGGETS WITH CHIPS £7

## Hot Dishes

VEGGIE BREAKFAST £8

## Snack Sandwiches

CHICKEN ESCALOPE SANDWICH £9

## Option

CHIPS AND SALAD

## Brunch Plates

CLASSIC ENGLISH BREAKFAST £9

## Starches

NEW POTATOES £4

## Coffees

WHITE COFFEE £3

## Hot Drink

HOT CHOCOLATE £2

## FRISDRANKEN

WATER 33CL £1

## Specialty Coffee

AMERICANO £2

## Avocado Toast

BROWN TOAST

## Menu Do Almoço

BACALHAU A GOMES SA £18

## Mar

BIFE DE ATUM £20

## Kids Portions

GRILLED CHICKEN BREAST £16

## Bekaa's Poultry Entrees

CHICKEN ESCALOPE £12

## Portuguese/Brazilian Grocery Shop

CHARCUTARIA,ENCHIDOS, QUEIJOS,  
MANTEIGAS/CHORIZO MEATS,  
CHEESES, BUTTERS

## Desserts

APPLE

## BIFES

PEPPER £4

## Dranken

WATER 1,5L £3

# O Monte Menu



## Hamburguesas Gigantes

YOKI £2

## English Classics

SCRAMBLE EGG ON TOAST £6

## Bolos

FUBÁ £2

## Dinner Buffet #1

HOMEMADE BREAD £1

## Cereais, grãos e processados

FEIJÃO PRETO 500G £2

## Cakes & Pastries

FRESH CREAM £1

## Para seu churrasco

SAL GROSSO 1KG £1

## Toast - Cereals - Pastries

WHITE TOAST

## Macarrão Instantâneo

NISSIN LÁMEN PICANHA £2

## Wheat Crepes

RED FRUITS

## Side Orders / Bar Snacks

DIANNE SAUCE

## Granel- Farinhas E Grãos Em Geral

BICARBONATO DE SÓDIO 100G £1

## Beverages, Chips, Cookies

CHIPS £2

## Sauces

BBQ SAUCE

PEPPERCORN SAUCE

## Soft Drinks

ORANGE JUICE

JUICE

## Kids Menu

FISH FINGERS WITH CHIPS £7

KIDS HOT DOG £7

## Featured Items

SAUSAGE SANDWICH £4

MIXED OLIVES £3

## Mercearia

NISSIN LAMEN CARNE £2

NISSIN LAMEN GALINHA CAIPIRA £2

## Sandwiches

FRIED EGG SANDWICH £4

# O Monte Menu



SAUSAGE AND BACON SANDWICH	£5
CHICKEN BURGER	£12

## Fish

GRILLED SALMON	£19
BACALHAU A BRAZ	£16
SMOKED SALMON	£2

## Beverages

SUMOL CAN	£2
GUARANA CAN	£2
CHOCOLATE MILK	

## Hot Drinks



TEA	£2
HERBS TEA, CHOICE, CAMOMILE ,CHOLESTEROL, RED FRUITS,TILA, HORSETAIL,..	£2

COFFEE

## Coffee



CAPPUCCINO	£3
MOCHA	£3
LATTE	£3

## Dish Of The Day - Prato Do Dia

FEIJOADA DE CHOCO C/ARROZ (CUTTLEFISH BEAN STEW WITH RICE)	£15
CHOCO FRITO C/ARROZ DE TOMATE E SALADA (FRIED CUTTLEFISH STRIPS SERVED W/TOMATO RICE SIDE SALAD)	£15

ENSOPADO DE BORREGO (PORTUGUESE LAMB STEW)	£16
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## Cakes/Desserts

WAFFLE WITH ICECREAM	£5
CARAMEL AND BISCUIT CAKE	£5
VARIOS CAKES	£2

## Salads

CHICKEN CAESAR SALAD	£12
TUNA SALAD WITH BLACK EYE BEANS AND BOILED EGG	£12
PRAWN AND SMOKED SALMON WITH PRAWN MARIE POSE DRESSING	£13
VEGGIE SALAD (V)	£11

## Non Alcoholic Drinks

DIET COKE CAN	£2
RED BULL	£3
SPARKLING WATER	£2
NESTLE	£2

## Burger



CHEESEBURGER	£12
VEGGIE BURGER (V)	£11
CHEESE BURGER WITH CHIPS	£7
DOUBLE BURGER	£4

## Drinks

7UP CAN	£2
COKE COLA BOTTLE	£3
DRINKS	
BEER	



# O Monte Menu



## Sides



BACON AND EGG  
SANDWICH £5

MILHO FRITO FRIED  
MAIZE CUBES £5

EXTRA CHEESE £1

GARLIC BUTTER

## Meat Dishes

BIFE DO LOMBO £22

FRANCESINHA BEEF £16

FRANCESINHA CHICKEN £14

PICADO A MONTE £18

WHOLE ROAST CHICKEN \*OFFER\* £18

## Side Dishes

HOMEMADE CHIPS £4

HOMEMADE CHIPS W/CHEESE £6

RICE £4

MIX SALAD £4

SIDE OF BUTTER FRIED  
MUSHROOMS £5

## Pasta



PENNE ARRABIATA (V) £10

SPAGHETTI MEATBALLS £13

SPAGHETTI  
BOLOGNAISE £11

CARBONARA £13

SMOKED SALMON, SHRIMP AND  
SPINACH IN A CREAMY SAUCE £13

VEGGIE PASTA £10

## Dessert

CHOCOLATE FUDGE CAKE £5

APPLE CRUMBLE £5

HOMEMADE DESSERTS £4

VANILLA ICE CREAM £1

CUSTARD £1

COOKIE

## Cold Drinks

UCAL CHOCOLATE MILK £2

CHOCOLATE MILK ARGOS £1

PEDRAS AGUA C/GAS £2

COMPAL JUICE £2

SUMOL BOTTLE 1,5L, PINEAPPLE,  
ORANGE, PASSION FRUIT £4

GUARANA BOTTLE 1.5L £4

LARANJADA 500ML, ORANGE  
SPARKLING £2

## Ingredients Used



PASSION FRUIT

PINEAPPLE

HAM £1

BACON £1

CHORIZO

SEAFOOD

EGG

SAUSAGE

## These Types Of Dishes Are Being Served



BREAD £2

FISH

MEAT

DESSERTS

# O Monte Menu



BURGER

SOUP

PASTA

CHICKEN

## Sandwiches/Paninis

PORTUGUESE HOT DOG	£7
SAUSAGE AND FRIED EGG SANDWICH	£5
SAUSAGE AND FRIED RED ONIONS SANDWICH	£5
PANINI TUNA WITH RED ONIONS AND MAYO	£6
PANINI CHICKEN AND CHEESE	£6
PANINI HAM AND CHEESE	£6
PANINI CHEESE AND TOMATO	£6
PREGO NORMAL	£8
PREGO A MONTE ESPECIAL	£11

## Starters

KING PRAWNS IN PIRI PIRI	£9
KING PRAWNS IN GARLIC WINE SAUCE	£9
FRESHLY HOMEMADE SOUP OF THE DAY (V) W/ BREAD	£5
FLAMED CHORIZO W/BREAD	£8
CHICKEN GOGLETS IN HOUSE TOMATO SAUCE (MOELAS) W/BREAD	£7
SALTED COD FISH CAKES (PASTEIS DE BACALHAU)	£7
CALAMARI W/GARLIC MAYO	£9
CLAMS IN WHITE WINE HERBS SAUCE (AMEIJOAS) W/ BREAD	£9
GARLIC BREAD HOMEMAD BREAD	£3
GARLIC BREAD WITH CHEESE HOM.BREAD	£4

RISOIS OF PRAWNS £6

RISOIS OF MEAT £6

OCTOPUS LAGAREIRO £24

## Modifiers

LEITE CONDENSADO TADICIONAL NESTLE	£2
LEITE CONDESADO COZIDO NESTLE	£3
GELATINA ROYAL FRANBOESA	£2
GELATINA ROYAL ANANAS	£2
GELATINA ROYAL PESSEGO	£2
MOUSSE DE CHOCOLATE ALSA	£2
MOUSSE DE CHOCOLATE BRANCO ALSA	£2
FARINHA PAN	£2
FARINHAFINA BRANCA DE NEVE	£2
MAIZENA/CORNFLOUR	£2
FERMENTO DE PADEIRO CONDI	£2
COCO RALADO MATIAS	£2
CARAMELO LIQUIDO ROYAL	£2
BOCA DOCE CARAMELO	£1
BOCA DOCE CHOCOLATE	£1
BOCA DOCE PUDIM FLAN	£1
BOCA DOCE BAUNILHA	£1
MOKAMBO NESTLE	£3
EPA VANILLA ICECREAM WITH SMARTIES	£2
CHARCUTARIA MISTA ENCHIDOS	£5
FARINHEIRA TRADICIONAL	£3
QUEIJO DE OVELHA AMANTEIGADO SEIA	£13
LASANHA/LASAGNE SHEETS	£2
TALHARIM/TAGLIATELLE	£1
ESPARGUETE/SPAGHETTI	£1

# O Monte Menu



MACARRONETE GR/PENNE	£1
MACARRONETE RISCADO	£1
COTOVELOS GR	£1
COTOVELINHOS	£1
COTOVELINHOS F MIUDO	£1
ESPIRAIS/FUSILLI PASTA	£1
CONCHAS/SHELLS PASTA	£1
PEVIDE/RISONE PASTA	£1
ESTRELINHAS/LITTLE STARS PASTA	£1
ALETRIA/CAPELLINI	£2
MEADA/MATASSA	£2
POLVINHO DOCE AMAFIL	£4
SLICE WHITE BREAD	
SLICE BROWN BREAD	
RICE AND CHIPS	
RICE AND SALAD	
LEMON/LIMAO	
RED FRUITS/FRUTOS VERMELHOS	
PASSIONFRUIT/MARACUJA	
CALDO DE PEIXE KNORR	£2
CALDO DE MARISCO KNORR	£2
CALDO DE GALINHA KNORR	£2
CALDO DE BIFES KNORR	£2
CALDO DE CARNE KNORR	£2
CALDO DE ARROZ KNORR	£2
CALDO DE LEGUMES KNORR	£2
POLPA DE TOMATE ORIGINAL COMPAL	£2
ERVA DOCE MOIDA	£2
CERELAC PREPARAR COM LEITE	£5
CERELAC FARINHA LACTEA	£6
CERELAC BOLACHA MARIA	£3
BOLACHA MARIA CUETRA	£2

BOLACHA TOSTADA CUETRA	£3
BELGAS ORIGINAL	£3
BELGAS CHOCOLATE	£3
CHOCAPIC CEREAIS	£3
CHOCOFLAKES CUETARA	£4
AGULHA	£2
CAROLINO	£2
RISSOES	£5

## Uncategorized

GELATINA ROYAL 0% MORANGO	£2
GELATINA ROYAL 0% TROPICAL	£2
GELATINA ROYAL 0% MELANCIA	£2
GELATINA ROYAL 0% ANANAS	£2
GELATINA ROYAL LIMÃO	£2
GELATINA ROYAL MARACUJÁ	£2
FARINHA TIPO65 ESPIGA	£1
FÉCULA DE BATATA CONDI	£2
PÃO RALADO MATIAS	£1
PÓ ROYAL BAKING POWDER	£2
BOCA DOCE ANANÁS	£1
TULLI CREME CHOCOLATE 200G	£2
FOLHAS DE GELATINA 4UNI	£2
CACAU EM PÓ MAGRO	£2
CHOCOLATE CULINARIO PANTAGRUEL 200G	£3
CAFÉ SICAL CLASSICO	£3
DELTA LOTE CHÁVENA	£3
DELTA Q N.1 DECAF	£4
DELTA Q N.4	£4
DELTA Q N.9	£4
DELTA Q N.10	£4
DELTA Q N.12	£4



# O Monte Menu



DELTA Q N.14	£4	AMAFIL	£4
COLACÃO 400G	£4	SAZON	£2
COLACÃO 200G	£3	MANGO & ORANGE	
NESQUIK 400G	£4	SUMOL ANANÁS 1.5L	£3
UCAL PACK 6UNI	£8	SUMOL LARANJA 1.5L	£3
KIDDIES ICECREAM&TOY (CHOCOLATE OR VANILA)	£4	SUMOL MARACUJÁ 1.5L	£3
CHOURIÇO PIMOR 2UNI	£2	BRISA MARACUJA 1L	£2
LINGUIÇA LANDEIRO	£2	BRISA MAÇÃ 1L	£2
TUCINHO FUMADO PEDAÇO	£5	LARANJADA 1L	£2
CHOURIÇA ALENTEJANA	£5	ICE TEA LIMÃO LIPTON 2L	£2
CHOURIÇO FUMEIRO DE LAMEGO	£4	ICE TEA PESSEGO LIPTON 2L	£2
CHOURIÇO DE CARNE CORRENTE PORMINHO 800G	£8	ICE TEA MANGO LIPTON 2L	£2
ALHEIRA DE MIRANDELA 200G	£3	PLENO CIDREIA, TÍLIA, CAMOMILA LIMÃO 1.5L	£3
COZIDO A PORTUGUESA SORTIDO 800G	£8	TEMPERO ALHO & COENTROS KNORR	£2
QUEIJO MISTO CURADO GUARDIÃO	£6	TEMPERO ALHO, LOURO & PIMENTÃO KNORR	£2
QUEIJO CASTELÕES	£11	TEMPERO ALHO & SALSA KNORR	£2
MANTEIGA C/SAL MILHAFRE OU NOVA A CORES DOS AÇORES	£4	VINH' ALHO MAÇARICO	£2
VAQUEIRO 250G	£2	TEMPERO DE FRANGO MAÇARICO	£2
MACARRÃO/MAC PENNE	£1	MASSA DE ALHO MAÇARICO	£2
LAÇOS/BOW PASTA	£1	MASSA DE PIMENTÃO MAÇARICO	£2
FARINHA DE MANDIOCA 500G	£4	POLPA DE TOMATE ALHO & CEBOLA COMPAL	£2
PÃO DE QUEIJO AMAFIL 500G	£3	SAL FINO 250G	£1
TAPIOCA DUDUXO 1KG	£6	ERVA DOCE GRÃO	£3
FEIJÃO PRETO SECO 1KG CAMIL	£4	PIMENTÃO DOCE 50G	£1
FEIJÃO MANTEIGA 500G	£2	CARIL 50G	£1
NISSIN LAMEN LEGUME	£2	CERELAC BANANA-LARANJA	£3
PILÃO CAFÉ TORRADO E MOÍDO 500G	£8	CERELAC 5 FRUTOS	£3
PREDILECTA GOIABADA 300G	£3	CERELAC 8 CEREAIS E MEL	£3
CAMIL	£4	CERELAC MILHO E ARROZ SÉM GLUTEN	£3
		COMPAL- VARIOUS FRUIT JUICE	

# O Monte Menu

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## O Monte

68 London Road, Southend on sea, SS11PG, Southend-on-Sea, United Kingdom

### Opening Hours:

Monday 08:30-20:30  
Tuesday 08:30-20:30  
Wednesday 08:30-20:30  
Thursday 08:30-20:30  
Friday 08:30-20:30  
Saturday 08:30-20:30

Made with [menuweb.menu](https://menuweb.menu)

