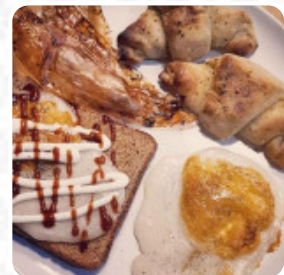
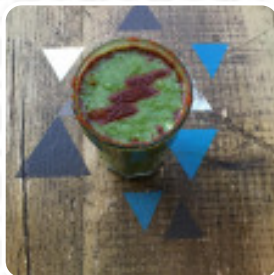




## Seeds For The Soul Menu

<https://menuweb.menu>

167 Bruntsfield Place, Edinburgh, Scotland, EH10 4DG, United Kingdom  
+447389899394,+447419582296 - <https://www.seedsforthesoul.co.uk>



The *menu of Seeds For The Soul* from Edinburgh includes **144** courses. On average the **courses or drinks on the menu** cost approximately £5. You can view the categories on the menu below. Seeds for the Soul offers a vibrant dining experience that fans rave about. With an extensive menu boasting everything from mock seafood and savory pancakes to indulgent mac and cheese burgers, there's something for everyone—even non-vegans.

Guests appreciate the warm, inviting atmosphere and attentive staff, which enhance the overall dining experience. Signature items, like the fried cauliflower and various vegan cakes, leave patrons longing for more. Fair prices and a cozy space make this trendy eatery a must-visit for anyone seeking delicious, healthy vegan fare in Edinburgh. Don't forget to make a reservation—it's a popular spot!.

# Seeds For The Soul Menu



## Salads

SIDE SALAD £5

## Non Alcoholic Drinks

WATER

## Smoothies

SMOOTHIE

## Entrées

GARLIC BREAD £5

## Snacks

PLAIN CHIPS £4

## Seafood

CALAMARI

## Drinks

SMOOTHIES

## Starters & Salads

FRENCH FRIES

## Side Orders

SALT N' CHILLI CHIPS

## Extra

SHOT OF COFFEE

## Ice Cream\*

VANILLA £1

## Dipping Sauces

MAPLE SYRUP £1

## Asian Specialties

SATAY

## Schwarze Tees

EARL GREY £3

## Dips & Toppings

SRIRACHA SAUCE £1

## Tea

GREEN TEA £3

## Hot Chocolate

VEGAN HOT CHOCOLATE £5

## Poutines

VEGAN POUTINE £9

## Option

SQUIRTY CREAM £1

## Teas

CHAMOMILE £3

## Output

BISCOFF PANCAKES £12

## Dips

SMOKEY £1

# Seeds For The Soul Menu



## Sweet Morning And Breakfast

ENGLISH BREAKFAST £3

## Condiments And Sauces

HUMMUS £1

## Vegan Breakfast And Brunch Menu

VEGAN SAVOURY PANCAKES £12

## Vegan Dips

VEGAN SWEET CHILLI SAUCE £1

## Party Biscuits

PLAIN

## Fan Favourites - Addition

GLUTEN FREE BUN £2

## Burger

CHEESE BURGER

BEYOND BURGER

## Dipping Sauce

VEGAN GARLIC MAYO £1

SWEET CHILLI £1

## Breakfast

VEGAN FULL BREAKFAST £15

SCRAMBLED EGGS

## American Food

MAC AND CHEESE

HOT DOG

## Water

HARROGATE SPRING WATER STILL £2

HARROGATE SPRING WATER SPARKLING £2

## Hot Drinks

COFFEE

TEA

## Coffee

ESPRESSO

CARAMEL LATTE

## Vegan Slices Of Cake

VEGAN CARROT PISTACHIO TRAY BAKE £6

JAFFA CAKE SPONGE £6

## Vegan Hot Chocolate Creations

VEGAN BISCOFF HOT CHOCOLATE £6

VEGAN WILD PEPPERMINT £6

## Vegan All Day Breakfast And Brunch Menu

UNICORN HUMMUS MEETS AVOCADO £11

ROCK YOUR BREAKFAST TOAST £11

# Seeds For The Soul Menu



## Extras

EXTRA SWEET CHILLI SAUCE	£1
EXTRA HUMMUS	£2
EXTRA GUACAMOLE	£2

## Sauces

HOUSE GARLIC MAYO	£1
HOT SAUCE	£1
PEANUT SAUCE	

## Vegan Main Menu

VEGAN SATAY BOWL	£15
VEGAN FALAFEL SOUL BOWL	£15
WHOLESOME SOUL BOWL	£15

## Dessert

VEGAN BISCOFF CHEESECAKE	£6
SALTED CARAMEL	£1
CREPES	
CHEESECAKE	

## Vegan Super Lattes

VEGAN DIRTY CHAI	£6
VEGAN MATCHA	£6
VEGAN GOLDEN TURMERIC	£6
VEGAN CHAI	£6

## Vegan Soft Drinks

VEGAN GINGERELLA	£4
VEGAN SUGAR FREE KARMA COLA	£4
VEGAN KARMA COLA	£4
VEGAN LEMONY	£4

## Restaurant Category



GLUTEN FREE	£1
VEGAN	
MEXICAN	
VEGETARIAN	

## These Types Of Dishes Are Being Served

BURGER
DESSERTS
WRAP
PASTA

## Side Dishes

ONION RINGS	£6
SMOKEY ONION RINGS	£6
EXTRA AVO	£2
EXTRA HOT SAUCE	£1
SMOKEY CHIPS	£4

## Vegan Smoothies

VEGAN SUN SALUTATIONS	£8
VEGAN THUNDER	£8
VEGAN BERRISSIMO	£8
VEGAN COCO LOCO	£8
VEGAN GOOD MORNING COFFEE LOVERS	£8

## Vegan Iced Drinks

VEGAN ICED MOCHA	£5
VEGAN ICED BISCOFF FLAT WHITE	£5
VEGAN ICED LATTE	£5
VEGAN ICED AMERICANO	£4

# Seeds For The Soul Menu



VEGAN ICED MACHA LATTE £5

## Modifiers

VEGAN SALTED CARAMEL £6

REMOVE KETCHUP

REMOVE GARLIC MAYO

MAKE IT DECAF

SALT AND CHILLI £1

REMOVE MANGO CHUTNEY

## Vegan Kombucha

VEGAN EQUINOX WHITE PEACH STRAWBERRY £5

VEGAN EQUINOX KOMBUCHA WILD BERRY £5

VEGAN EQUINOX KOMBUCHA GRAPEFRUIT GUAVA £5

VEGAN EQUINOX SICILIAN ORANGE YUZU £5

VEGAN EQUINOX SICILIAN LEMON £5

VEGAN EQUINOX KOMBUCHA GINGER £5

## Vegan Small Bites And Sides

VEGAN HOUSE HAND CUT CHIPS £5

MAC N CHEESE CHIPS £9

VEGAN SALT CHILLI BUFFALO CAULIFLOWER £9

VEGAN SALT CHILLI CHIPS £6

SEEDS SUMMER LOADED CHIPS £11

SALT N CHILLI ONION RINGS £7

VEGAN SMOKEY CHIPS £5

## Vegan Organic Coffees

VEGAN LATTE £4

VEGAN LONG BLACK £3

VEGAN BISCOFF FLAT WHITE £5

VEGAN FLAT WHITE £4

VEGAN MOCHA £5

VEGAN CAPPUCCINO £4

VEGAN AMERICANO £3

VEGAN SINGLE ESPRESSO £3

VEGAN DOUBLE ESPRESSO £3

## Ingredients Used



PEPPERMINT £3

CHEESE £2

COCONUT

TOFU

SEAFOOD

PRAWNS

BACON

CHOCOLATE

ONION

CARAMEL

## Uncategorized

ADD SAUSAGE GLUTEN. SOYA) £2

EXTRA BACON GLUTEN. SOYA £2

ADD SCRAMBLE SOYA £2

OAT CONTAINS GLUTEN

SOYA ORGANIC

EXTRA TOP AVOCADO £2

EXTRA TOP BACON GLUTEN, SOYA £2

EXTRA TOP FALAFEL £2

# Seeds For The Soul Menu



EXTRA TOP CHEESE	£2	EXTRA HOUSE HUMMUS	£1
HOUSE SRIRACHA MAYO	£1	BRIOCHE BUN GLUTEN	
EXTRA HOUSE GARLIC MAYO	£1	FLAMED ORANGE	£1
EXTRA HOUSE SRIRACHA MAYO	£1	VEGAN BUFFALO CAULIFLOWER	£8

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## Seeds For The Soul

167 Bruntsfield Place, Edinburgh,  
Scotland, EH10 4DG, United  
Kingdom

### Opening Hours:

Monday 10:00-22:00  
Tuesday 10:00-22:00  
Wednesday 10:00-22:00  
Thursday 10:00-22:00  
Friday 10:00-22:00  
Saturday 10:00-22:00  
Sunday 10:00-22:00

Made with [Menu](#)

