



Sophie's Italian Menu

<https://menuweb.menu>

79 Southampton Row, London, United Kingdom
+442074361562 - <https://www.sophiesitalian.com>



The restaurant from London offers **139** different **courses and drinks on [the menu](https://menuweb.menu)** for an average price of £10. Sophie's is an Italian restaurant located in the heart of Holborn on Southampton Row. Open seven days a week for lunch, dinner, pre-theatre, and post-theatre, our menu features classic Italian cuisine with a focus on quality, seasonal ingredients sourced from Italy's diverse regions. Enjoy our extensive wine list featuring wines from around the world and a full bar with signature cocktails. Our goal is to provide authentic Italian hospitality and elegant service in a timeless setting that will make you feel at home.

Sophie's Italian Menu



Soups

TOMATO SOUP £5

Sandwiches

GRILLED CHEESE

Meat Dishes

SCALLOPINE AL LIMONE £17

Schnitzel

CORDON BLEU

Pork

MARSALA SCALOPPINE £17

Rice

RISOTTO

Sauces

MUSHROOM SAUCE

Pizza - Klein Ø 20Cm

PROSCIUTTO AND MUSHROOMS £12

Fish

SEA BASS

Chicken Dishes

CHICKEN MILANESE £15

Beef Dishes

GRILLED STEAK £19

Snacks & Side Dishes

MIXED FRIED SEAFOOD £16

Main Course

BISTECCA AL PEPE NERO £21

Al Forno*

MEAT CANNELLONI £12

Pork*

MILANESE VEAL CUTLET £18

Frische Salate

BRUSCHETTA WITH TOMATO £5

Digestivi - Digestifs

LIMONCELLO £4

Pizza Speciale - Piccola Ø 26Cm

MESSICANA £12

Contorni

SPINACI ALL'AGLIO £4

Bread

BAGUETTE

Salads And Soups

CAESAR SALAD £12

Appetizers And Salads

PROSCIUTTO AND MELON £9

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Alcoholic Beverages

AMARETTO £4

Baked

LASAGNE AL FORNO £12

Veal

VENETIAN-STYLE LIVER £17

Salmon

LEMON SALMON £16

Meat & Fish

GRILLED CHICKEN £12

Half Bottles

BAROLO BATASIOLO

Draft

PERONI ITALIAN LAGER £5

Main Salads

INSALATA DI GIOTTO £11

French

FRENCH ONION SOUP

Main Course Selection

HUNTER'S CHICKEN £14

Spirits & Beer

SPIRIT MIXER £7

Beers (Must Be 21 To Purchase)

STELLA BEER £5

Antipasti Italiani - Italian Starters

ALETTE DI POLLO PICANTE £7

Seafood First Courses

MARINARA RISOTTO £14

Our Recommendation

GRILLED LAMB £16

Pasta All'italiana - Italian Pasta

CRESPOLINI £12

Poultry - Chicken

CHICKEN WITH MUSHROOMS £15

The Pizza Variety

ROSEMARY FOCACCIA £6

Risto - Rice Dishes

RISOTTO WITH CHICKEN £14

Entrées

STUFFED MUSHROOMS £8

FRIED ZUCCHINI £4

Main Courses

SIRLOIN

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LASAGNA

Fish Dishes

MIXED GRILL	£19
GRILLED SEA BASS	£17

Seafood

FRIED CALAMARI	£8
FRIED SCAMPI	£16

Salad

MIXED SALAD	
TUNA SALAD	£11

Side Dishes

PATATE SALTATE	£4
FRENCH FRIES	£4

Drinks

CIDER	£5
STILL SPARKLING WATER	

Tagliatelle

SALMON TAGLIATELLE	£11
TAGLIATELLE WITH PESTO	£11

Rose

DELLA CASA ROSATO, IL MERCANTE	
BARDOLINO CHIARETTO CLASSICO, SANTA SOFIA	

Sparkling

LE MANZANE, PROSECCO DOC BALBINOT	
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LE MANZANE, SPUMANTE ROSEO BRUT

Pizze Classiche

4 CHEESES	£12
4 SEASONS	£12

Salads

TRICOLOR SALAD	£11
GIOTTO	£12
CAPRESE SALAD	

Antipasti

GAMBERONI ALL'AGLIO	£9
PANE DELLA CASA	£2
GARLIC BREAD	£3

Starters

AVOCADO CON GAMBERETTI	£8
PATE DELLA CASA	£7
MINISTRONE DELLA CASA	£6

Soft Drinks



COKE
DIET COKE
ORANGE JUICE

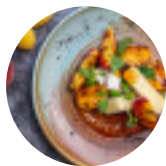
Spirits

BACARDI	
SAMBUCA	£4
MARTINI	£4

Restaurant Category

FRENCH

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ITALIAN
DESSERT

Non Alcoholic Drinks

SAN PELLEGRINO LIMONATA	£4
ICED TEA	£3
SPRITE	
FANTA	

Pizza

PIZZA MARGHERITA	£9
PIZZA FIORENTINA	£11
PROSCIUTTO DI PARMA	£12
PIZZA TEXAS	

Liqueurs

STREGA	£4
MARASCHINO	£4
VARIOUS WHISKYS	£5
COGNACS	£6

Secondi Piatti - Main Courses

COZZE ALLA PROVENZALE	£15
MERLUZZO ALLA SICILIANA	£17
POLLO SOPRESA	£16
SCALLOPINE ALLA VALDOSTANA	£17

These Types Of Dishes Are Being Served

SOUP
TUNA STEAK

SPAGHETTI
DESSERTS

Alcoholic Drinks

VODKA	
GIN	
TEQUILA	
GRAPPA	£4
CINZANO	£4

Ingredients Used

CHEESE
CHOCOLATE
ONION
FRENCH ONION
PRAWNS

White

DELLA CASA BIANCO, IL MERCANTE
SOAVE ANTICHELLO, SANTA SOFIA
SAUVIGNON BLANC DELLE VENEZIE,
CATALDO
ORVIETO CLASSICO SECCO 'ALTARUPE
, NISTRI
PINOT GRIGIO 'LE CALDERARE ', SANTA
SOFIA
GAVI DI GAVI GRANEE, BATASIOLO
CHARDONNAY VENEZIE ANTICHELLO,
SANTA SOFIA

Red

DELLA CASA ROSSO, IL MERCANTE
VALPOLICELLA ANTICHELLO, SANTA
SOFIA



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MONTEPULCIANO D'ABRUZZO,
CAMPIELLO

CHIANTI CLASSICO, IL MOLINO DI
GRAGE

SYRAH CABERNET SAUVIGNON,
CATALDO

PRIMITIVO PUGLIA 'SINISCALCO ', COPPI

BARBERA D 'ASTI 'SABRI ', BATASIOLO

MERLOT VENEZIE ANTICHELO, SANTA
SOFIA

PINOT NOIR ALTO ADIGE, CANTINA DI
BOLZANO

AMARONE DELLA VALPOLICELLA,
SANTA SOFIA

Pasta



SPAGHETTI WITH
TOMATO SAUCE £9

SPAGHETTI ALLA
BOLOGNESE £11

SPAGHETTI ALLA CARBONARA £11

SPAGHETTI WITH CLAMS £11

TAGLIATELLE ALFREDO £12

PENNE ALLA BOSCAIOLA £11

MUSHROOM RAVIOLI £12

SPAGHETTI ALLA MARINARA £13

SPAGHETTI CON GAMBERONI £16

SPAGHETTI BOLOGNESE

PENNE ALL' AMATRICIANA

PENNE ALL ARRABIATTA

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79 Southampton Row, London,
United Kingdom

Opening Hours:

Monday 11:00-23:00

Tuesday 11:00-23:00

Wednesday 11:00-23:00

Thursday 11:00-23:00

Friday 11:00-23:00

Saturday 11:00-23:00

Sunday 11:00-23:00

Made with [Menu](#)

