

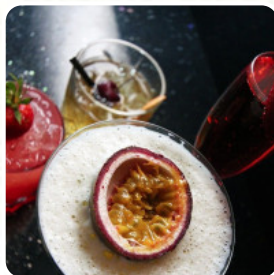


## Parlay E18 Menu

<https://menuweb.menu>

18 High Road, Redbridge, United Kingdom

+442082627266 - <https://www.parlaye18.co.uk/>



**The menu** of Parlay E18 from **Redbridge** comprises about **134** different menus and drinks. On average you pay about £7 for a dish / drink. Welcome to Parlay E18 - your destination for the ultimate bar and grill dining experience. Our establishment is a fusion of delicious food, crafted cocktails, and top-notch customer service. Founded by three brothers, Parlay E18 embodies hard work and play, transforming from a mouth-watering steak and burger joint into a vibrant bar - perfect for gatherings with family and friends. Join us for a one-of-a-kind experience at Parlay E18.

# Parlay E18 Menu



## Oriental Dishes

FALAFEL

## Mains

TOMATO PASTA

£5

## Main Courses

SIRLOIN

## Antipasti

PORTOBELLO MUSHROOM

£6

## Extras

TOASTED PITTA BREAD

## Fish Dishes

FISH & CHIPS

## Seafood

CALAMARI

## Salad

MIXED SALAD

## Schnitzel

SCHNITZEL

## Side Orders

CREAMY MASHED POTATO

£3

## Sauces

BBQ

## Appetizer

SEAFOOD PLATTER

## Fish

SEA BASS

£15

## Fingerfood

ONION RINGS THICK CUT

£3

## Spirits

MARTINI

## Kids

KIDS TENDERS

£5

## Subs

GODFATHER

## Cold Drinks

FRUIT SHOOT

£2

## Chicken Wings

WINGS

## Special Pizza

PESTO CHICKEN

## Alkoholische Cocktails

COSMOPOLITAN

## Gin-Cocktails

TOM COLLINS

# Parlay E18 Menu



## Beverages

POT OF TEA £4

## Hot Drinks

TEA

## Non-Veg Starters

BBQ CHICKEN WINGS

## Small Plates

PIRI PIRI SKEWERS £6

## Main Plates

PESTO GARLIC CHICKEN BREAST £13

## Large Plates

CHICKEN SKEWERS £13

## Vegetarian Options

GRILLED HALLOUMI CHEESE

## Nibbles

HALLOUMI FRIES £3

## Second Course

BUTTERNUT SQUASH SALAD

## Premium Electro Brunch Drinks

PORNSTAR MARTINI

## Martinis

LEMON DROP MARTINI

## The Old Fashioned

SAUSAGE MASH £5

## Hot Drink

HOT CHOCOLATE £2

## A La Carte Menu

MARINATED CHICKEN SKEWERS

## Pizza & Pizza Delivery Menu

KICKING' CHICKEN

## Full Bar

TWO COCKTAILS £10

## Thé

HERBAL £2

## Zero Proof

NOJITO

## Gelato & Sorbet

LEMON SORBET WITH ZEST

## Speciality Beverages

ESPRESSO SHOT

## Mediterranean Entrées

LAMB RIBS £6

## Bar Meals

SEAFOOD BASKET £6

# Parlay E18 Menu



## Love Gelato

HONEYCOMB GELATO

## Sides

SWEET POTATO

## Tea & Coffe

TEA ENGLISH £2

## Fried Buttermilk Chicken Combo&#8217;S.....it's What We're Famous For!

BBQ GLAZED WINGS

## Parlay Grill

PIRI PIRI CHICKEN THIGHS

## Gelato Selection

VANILLA BEAN GELATO

## fish / meat from the grill

CHICKEN THIGH £15

## Restaurant Category

DESSERT

## Children's Burgers

JUNIOR BURGER £5

## Alcoholic Drinks

PERONI £4

PROSECCO

## Sandwiches

LOVE TRIANGLE

QUINOA BURGER

## Side Dishes

SMOKED MAC CHEESE £6

SWEET POTATO FRIES £4

## Drinks

CIDER £5

BEER

## Starters & Salads

POTATO CHIPS

FRENCH FRIES

## Chicken Dishes

CHICKEN TENDERS £5

BBQ CHICKEN

## Beer

STELLA ARTOIS £4

BUDWEISER £4

## Main

STEAK WINE THURSDAY £30

BURGER BEER WEDNESDAY £10

## Appetizers

HOUSE CHIPS £3

FRIED DONUTS £5

# Parlay E18 Menu



## Coffee

CAPPUCCINO £3

LATTE £3

## Champagne Cocktails

POINSETTIA £10

PARSECCO £8

## Mediterranean Mixer

RED PEPPER HUMMUS, TZATZIKI MIXED OLIVES

BREADED PRAWNS CALAMARI

## Salcombe Dairy Ice Cream & Sorbet (Vegetarian)

HONEYCOMB

RASPBERRY SORBET

## Entrées

LAMB KOFTAS £6

BBQ WINGS £6

MARINATED OLIVES £3

## From The Grill



100Z SIRLOIN £17

RIBS

MIXED GRILL

## Mocktails

THE RELAXER

VIRGIN PORNSTAR MARTINI

PARLAY FIZZ

## Chicken

GRILLED CHICKEN

CAJUN CHICKEN

CHICKEN WINGS

CHICKEN STRIPS

## Dessert



CHOCOLATE BROWNIE £5

BANOFFEE FUDGE  
CHEESECAKE £5

DONUTS

BROWNIES

## Cocktails

SLV

MOJITO

MAI TAI

SERKS SPECIAL

## Soft Drinks

APPLE JUICE £2

ORANGE JUICE £2

J20 £3

ICE TEA

## Ingredients Used

SEAFOOD

CHEESE

MUSHROOMS

PRAWNS

## Salads

HALLOUMI SALAD £12

# Parlay E18 Menu



GARDEN CHICKEN SALAD	£13
COLESLAW	
GARDEN SALAD	£3
HALLOUMI SALAD	

## Burger

PARLAY CLASSIC	£13
LAMB HALLOUMI	£13
DOUBLE BURGER	
CHEESEBURGER	
DOUBLE CHEESE BURGER	

## Wine

WHITE WINE 175ML	£5
RED WINE 175ML	£5

ROSE WINE 175ML	£5
PROSECCO 175ML	£6
CHAMPAGNE 175ML	£9

## These Types Of Dishes Are Being Served



LAMB CHOPS	£14
TUNA STEAK	
SIRLOIN STEAK	
LAMB	
BURGER	
FISH	
SALAD	
DESSERTS	

# Parlay E18

18 High Road, Redbridge, United Kingdom

**Opening Hours:**  
Friday 20:00-01:00  
Saturday 20:00-01:00



Made with [Menu](#)