

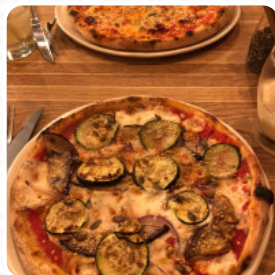
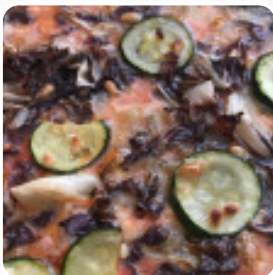


The Flat Menu

<https://menuweb.menu>

142 Fore Street, Exeter, United Kingdom

+441392459424, +447544459124 - <https://www.theflatexeter.co.uk>



The restaurant from [Exeter](#) offers **71** different **menus and drinks on [the menu](#)** at an average price of £6. The Flat in Exeter is a charming Italian restaurant located in the city center on Fore Street. Specializing in top quality [vegetarian](#), vegan, and gluten-free pizzas, The Flat prides itself on making everything in house, from the vegan mozzarella to the hand-stretched gluten-free [pizza](#) bases. The unique and delicious menu is complemented by an impressive wine list and cocktail menu, ensuring a night to remember. For a taste of the best plant-friendly food in town, be sure to book a table at The Flat.

The Flat Menu



Salads

SIDE SALAD £5

Non Alcoholic Drinks

WATER

Antipasti

BURRATA

Starters & Salads

ANTIPASTO

Sauces

MARINARA £5

Starters

OLIVES AND MIXED NUTS £4

Focaccia

GARLIC FOCACCIA £5

Pizza

FRESH £9

Calzone

CALZONE

Pizza - Normal Ø 28Cm

SPECIAL PIZZA £15

Toppings

TOPPINGS

Shakes

SHAKE

Milkshakes

MILKSHAKE

Ohne Käse

FOCACCIA SPECIAL £7

Wings

SMOKED £10

Bread

GARLIC BREAD

Options

MAKE IT VEGAN

Popular Items

6 SMALL

Italian Specialties

FOCACCIA

Cocktail

MARGARITA

Vegan Pizzas

OLIVE TREE £9

Dipz

VEGAN MAYO £1

The Flat Menu



ADD SOME BASICS

SALTY £9

Natural Frozen Yogurt

SMALL


Alcoholic Drinks

APEROL
APEROL SPRITZ

Uncategorized

PARMESAN CHILLI (VEGAN) £2
11 REGULAR £1
11 REGULAR (GLUTEN FREE) £1
PARMESAN CHILLI (VEGETARIAN) £2

Dessert

 CHEESE CAKE
CHEESECAKE
MINI CHOCOLATE TRUFFLE SELECTION £4

SALTED CARAMEL
MILKSHAKES

Restaurant Category

ITALIAN
GLUTEN FREE
VEGETARIAN
DESSERT
VEGAN

Drinks

BEER

COLA ORGANIC WHOLE EARTH CAN £3
BOTTLE OF WATER
ELDERFLOWER ORGANIC WHOLE EARTH CAN £3
FIZZY GINGER ORGANIC WHOLE EARTH CAN £3
LEMONADE ORGANIC WHOLE EARTH CAN £3

These Types Of Dishes Are Being Served

SALAD
BREAD
DESSERTS
PASTA
MEAT
PIZZA

Pizza

 MARGHERITA £6
SFILATINO (FOLDED PIZZA) £13
CHEESE PIZZA
GARLICKY £9
PIZZA MARGHERITA
THE SPICEY £9
VEGGIE PIZZA

Ingredients Used

 MOZZARELLA
GARLIC
CHILI
PARMESAN
CHEESE

The Flat Menu

CHOCOLATE

SAUSAGE

CARAMEL

TOMATO

TOMATOES



The Flat

142 Fore Street, Exeter, United Kingdom

Opening Hours:

Tuesday 17:00-21:00

Wednesday 17:00-21:00

Thursday 17:00-21:00

Friday 17:00-21:00

Saturday 17:00-21:00

Made with [Menu](#)

