



Rockfish Menu

<https://menuweb.menu>

9 The Quay Poole BH15 1HJ, UK, United Kingdom
+441202836255 - <https://www.therockfish.co.uk/>



A complete [menu](#) of Rockfish from Poole featuring all 45 dishes and drinks can be found here on the menu.

****Discover Rockfish: A Gluten-Free Dining Delight**** Rockfish impresses diners with its commitment to gluten-free options, catering to those with dietary restrictions without compromising on flavor. Certified by Coeliac UK, the restaurant ensures that every dish on the menu can be made gluten-free, including their renowned fish and chips. Guests rave about the attentive service and the welcoming atmosphere, perfect for a delightful lunch or dinner. Standout offerings like the Dressed Crab and unlimited fries enhance the experience, while the dedicated allergen menu provides reassurance. With a focus on fresh [seafood](#), Rockfish is a must-visit for anyone seeking a safe and satisfying gluten-free meal.

Rockfish Menu



Salads

HALLOUMI SALAD

Side Dishes

POTATO CHIPS

Drinks

BEER

Soft Drinks

LEMONADE

Tapas

FRIED CALAMARI

Wine

WHITE WINE

Hot Drinks

COFFEE

Wines By The Glass

GAMAY

£6

American Kobe

DOVER SOLE

Restaurant Category

GLUTEN FREE

Alcoholic Drinks

PROSECCO

SAUVIGNON BLANC

Fish Dishes

FISH AND CHIPS

FISH & CHIPS

Starters & Salads

POTATO CHIPS

FRENCH FRIES

Appetizer

TEMPURA

TARTARE

Fish

SMOKED SALMON

SEA BASS

Mexican Dishes

TACOS

FISH TACOS

Entrées

SUPPLI

NUGGETS

FRIED PICKLES

Seafood

SALT AND PEPPER SQUID

SHRIMP TEMPURA

CALAMARI

Dessert

STICKY TOFFEE PUDDING

CHURROS

Rockfish Menu

ETON MESS
CHEESECAKE

These Types Of Dishes
Are Being Served

ICE CREAM
FISH
MUSSELS
CHICKEN
OYSTERS

Ingredients Used



SALMON
CHOCOLATE
SCALLOPS
HADDOCK
MACKEREL
HALIBUT

PRAWNS
SEAFOOD
CHEESE



Rockfish

9 The Quay Poole BH15 1HJ,
UK, United Kingdom

Opening Hours:
Monday 12:00-21:00
Wednesday 12:00-21:00
Thursday 12:00-21:00
Friday 12:00-21:00
Saturday 12:00-21:00
Sunday 12:00-21:00

Made with [Menu](#)

