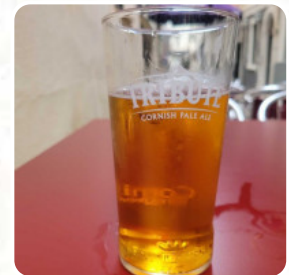




The Muscle Bakery Menu

<https://menuweb.menu>

6D, Cornwalls Centre, Main St, Gibraltar, GX111AA
+35020070114, +35020072115



Here you will find the [menu](#) of **The Muscle Bakery** in [Gibraltar](#). At the moment, there are **53** dishes and drinks on the list. Nestled just off a bustling main street, this charming eatery offers a diverse array of vegan delights, from hearty lunch options to delectable sweet treats. While the atmosphere is welcoming and the staff exceptionally friendly, some diners feel the food doesn't quite justify the steep prices, with dishes priced at around £14 not meeting expectations. Despite this, the array of gluten-free options and standout items like kale chips and donuts entice many patrons. Guests appreciate the vibrant decor and the nostalgic charm of the venue, making it a pleasant stop for those seeking both comfort and creativity in their meals.

The Muscle Bakery Menu



Desserts

CHOCOLATE CAKE

Smoothies

SMOOTHIE

Entrées

BUFFALO WINGS

Oriental Dishes

FALAFEL

Main Courses

LASAGNA

Vegetarian

CAULIFLOWER

Seafood

CALAMARI

Starters & Salads

POTATO CHIPS

Vegetarian Dishes

CARROT CAKE

Soft Drinks

JUICE

Vietnamese Specialties

BUN CHA

Mexican Dishes

TACOS

Fresh Juices

CARROT JUICE

Arabische Spezialitäten

FALAFELS

Condiments And Sauces

HUMMUS

Mexican-American Food

EMPANADAS

Salads

CAESAR SALAD

QUINOA SALAD

Soups

SOUP OF THE DAY

GAZPACHO

Hot Drinks

TEA

COFFEE

Restaurant Category

VEGAN

GLUTEN FREE

Drinks

DRINKS

The Muscle Bakery Menu



BEER

SMOOTHIES

Dessert

DONUTS

CHEESECAKE

CREPES

BROWNIES

DONUT

These Types Of Dishes Are Being Served



TOSTADAS

MEAT

PASTA

WRAP

ICE CREAM

BREAD

SOUP

BURGER

CHICKEN

SALAD

Ingredients Used



TOFU

CHOCOLATE

WATERMELON

PESTO

PORK MEAT

KALE

NUTELLA

YOGURT

CHEESE

MUSHROOMS

SEAFOOD

The Muscle Bakery

6D, Cornwalls Centre, Main St,
Gibraltar, GX111AA

Opening Hours:

Monday 12:00-19:00
Tuesday 12:00-19:00
Wednesday 12:00-19:00
Thursday 12:00-19:00
Friday 12:00-19:00
Saturday 12:00-16:00

Made with [Menu](#)

